

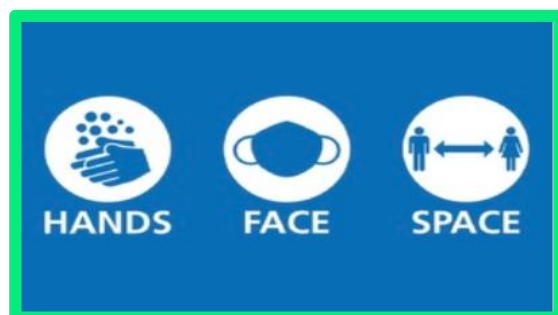
Roadmap Step 2: 12 April – 17 May

For parents, carers and children in Croydon

Stop the spread of coronavirus

Please help stop COVID-19 cases rising again!

- Keep 2m apart
- Don't socialise indoors
- Only meet or exercise outdoors with household or one other person (keeping 2 m apart).
- Walk or cycle to school, and do not car share
- Do not gather in large groups on way to school or at the school gate
- Wear well-fitting face coverings



YOU MUST:

- Self-isolate
- Book a test

IF YOU HAVE:

- Symptoms
- A positive test
- Been identified contact



SELF-ISOLATE:

- It is a legal duty to self-isolate if you have tested positive for COVID-19; or you have been told to by NHS Test and Trace
- If you need to self-isolate you may be eligible for a support payment. You can find out if you are eligible here:
<https://www.gov.uk/government/publications/test-and-trace-support-payment-scheme-claiming-financial-support>

RAPID ASYMPTOMATIC TESTING:

- Secondary schools pupils should continue home testing twice a week with test kits provided by their schools.
- Testing is available for everyone. You can find out how to order or pick up test kits here:
<https://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests>
- Please ensure all household members, including pupils, report their results to NHS Test and Trace.

What should parents do?

The main COVID-19 symptoms are:

- Fever > 37.8 OR
- New continuous cough OR
- Loss of taste and / or smell

Children can still go to school, nursery, childminder if they have:

- Runny noses
- Sore throats without a fever
- Mild colds

Children need a COVID-19 test:

- if they have the main COVID-19 symptoms
- but not if they have a runny nose, are sneezing, or feeling unwell.

